

# WEST SUMATRA / ITINERARY

## *ITINERARY*

DECEMBER 4th - Arrive in Padang, 1 night in Padang.

DECEMBER 5th - Ferry transport to the Mentawai's, check in to the villa.

DECEMBER 6-14th - Surf, yoga, eat, repeat.

DECEMBER 15th - Ferry departure back to Padang, depart for home.

Most days will start with coffee, tea, and fruit – and for early risers a breathtaking sunrise. After a hearty breakfast, we head out for a morning surf session to one of the 15+ world-class breaks. We head back to the villa to relax and reflect on your morning session before enjoying a group lunch. Afternoons and early evenings consist of another surf session, or a group excursion to a nearby village or island. Afternoon/evening surf ends in time to catch the sunset and relax before dinner. The vibrant and colorful Indonesian landscape inspires every meal - modern twists on local food with global cues fusing health and indulgence.

Each day will look a little different depending on surf conditions and day of the week. The itinerary is thoughtfully designed for you to actively enjoy the region to the fullest, but everything is optional. If you want to spend a day exploring the island, snorkeling in the surrounding turquoise waters, or relaxing at the villa, you're more than welcome.

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WARMER FRONTIERS



EXPEDITION TERRA

