



2023 ANTARCTIC PENINSULA ADVENTURE CRUISE SKI MOUNTAINEERING GEAR LIST

This is an extensive list that will allow for a participant to access the most extreme of terrain. Please contact Ice Axe with any questions. We do not provide ski/splitboard gear rentals and suggest you contact your local gear shop should you need to rent any equipment. We have a limited number of Avalanche gear rentals (beacon, shovel, probe) available, please contact us for rentals.

Ski Equipment

- **AT Skis/Splitboard** – approximately 90-106mm under foot is recommended for skis
 - [Peak Skis](#), use code ICEAXE2023
- **Skins** – trimmed to fit skis/board
 - [Big Sky Mountain Products](#), use code ICEAXE
- **Boots** – tech binding compatible recommended
 - [Scarpa](#)
- **Poles**
 - [LEKI](#), use code ICEAXE (30% off) and ICEFREE (free shipping order over \$150)
- **Skiing backpack** – 35-40 liters
- [Ski crampons](#) – fit to ski width and binding
- **Boot crampons** – lightweight 10 point aluminum
- [Ice axe/piolet](#) – 45-60cm, lightweight
 - Ice Axe Expeditions x Black Diamond Raven Ultra (w/ Ice Axe logo engraving, available for purchase, \$110)
- [Lightweight ski harness](#)
- [Locking carabiners](#), 2x

Avalanche Safety Gear

- [Avalanche Transceiver](#) – 457kHz with fresh batteries, plus spare set
- [Probe](#)
- [Shovel](#)

Avalanche Safety Gear Rentals

Avalanche Package I: Black Diamond 230 Probe, Black Diamond Transfer Shovel, Mammut Barryvox S Beacon, \$180 rental for duration of expedition.

Miscellaneous

- 1 or 2 one-liter water bottles
- [Sunglasses](#)
- [Goggles with light & dark lenses](#)
- [Sunscreen – 30+ SPF](#), use code ICEAXE30
- [Lip balm – 30+ SPF](#), use code ICEAXE30
- UGG Boots, Crocs, or other comfortable shoes for aboard ship
- Street clothes
- Personal toiletries

SKI MOUNTAINEERING GEAR LIST

Clothing

- [Shell jacket – waterproof/Gore-tex](#)
- [Shell pants – waterproof/Gore-tex](#)
- [Insulated “puffy” jacket](#)
- Base layers
- Socks
- Gloves – medium weight
- Gloves – light weight
- Wool or fleece beanie/hat
- Sun hat – with visor/baseball cap
- Buff
- Swimsuit – for polar plunge!

This is a recommended optimum layering system. Certain items may be substituted but a combination of layers should equal the recommended list for warmth, moisture wicking, wind and precipitation resistance, weight and packability.

Travel

- Charging cords
- Power Converter/adaptor
- Passport
- Cash/credit cards

Optional

- Helmet
- Tupperware/container – to carry food while touring
- Dry bag – 20 liter