



## 2024 ANTARCTIC PENINSULA ADVENTURE CRUISE SKI MOUNTAINEERING GEAR LIST

This is an extensive list that will allow for a participant to access the most extreme of terrain. Please contact Ice Axe with any questions. We do not provide ski/splitboard gear rentals and suggest you contact your local gear shop should you need to rent any equipment. We have a limited number of Avalanche gear rentals (beacon, shovel, probe) available, please contact us for rentals.

### *Ski Equipment*

- **AT Skis/Splitboard** – approximately 90-106mm under foot is recommended for skis
  - [Peak Skis](#), use code ICEAXE2023
- **Skins** – trimmed to fit skis/board
  - [Big Sky Mountain Products](#), use code ICEAXE
- **Boots** – tech binding compatible recommended
  - [Scarpa](#)
- **Poles**
  - [LEKI](#), use code ICEAXE (30% off) and ICEFREE (free shipping order over \$150)
- **Skiing backpack** – 35-40 liters
- **Ski crampons** – fit to ski width and binding
- **Boot crampons** – lightweight 10 point aluminum
- **Ice axe/piolet** – 45-60cm, lightweight
  - Ice Axe Expeditions x Black Diamond Raven Ultra (w/ Ice Axe logo engraving, available for purchase, \$110)
- [Lightweight ski harness](#)
- [Locking carabiners](#), 2x

### *Avalanche Safety Gear*

- [Avalanche Transceiver](#) – 457kHz with fresh batteries, plus spare set
- [Probe](#)
- [Shovel](#)

### Avalanche Safety Gear Rentals

Avalanche Package I: Black Diamond 230 Probe, Black Diamond Transfer Shovel, Mammut Barryvox S Beacon, \$180 rental for duration of expedition.

### *Miscellaneous*

- **1 or 2 one-liter water bottles**
- [Sunglasses](#)
- [Goggles with light & dark lenses](#)
- [Sunscreen – 30+ SPF](#), use code ICEAXE30
- [Lip balm – 30+ SPF](#), use code ICEAXE30
- **UGG Boots, Crocs, or other comfortable shoes for aboard ship**
- **Street clothes**
- **Personal toiletries**

## SKI MOUNTAINEERING GEAR LIST

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### *Clothing*

- [Shell jacket – waterproof/Gore-tex](#)
- [Shell pants – waterproof/Gore-tex](#)
- [Insulated “puffy” jacket](#)
- Base layers
- Socks
- Gloves – medium weight
- Gloves – light weight
- Wool or fleece beanie/hat
- Sun hat – with visor/baseball cap
- Buff
- Swimsuit – for polar plunge!

*This is a recommended optimum layering system. Certain items may be substituted but a combination of layers should equal the recommended list for warmth, moisture wicking, wind and precipitation resistance, weight and packability.*

### *Travel*

- Charging cords
- Power Converter/adaptor
- Passport
- Cash/credit cards

### *Optional*

- Helmet
- Tupperware/container – to carry food while touring
- Dry bag – 20 liter